# हंसराज महाविद्यालय

दिल्ली विश्वविद्यालय महात्मा हंसराज मार्ग, मलकागंज, दिल्ली -110007

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## HANSRAJ COLLEGE

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### NAAC ACCREDITED 'A++' GRADE COLLEGE

#### 2024-2025



Name of the Department/Society: Srishti Chetna: The Zoological Society

Name of the Event: Education, Health & Happiness: Unlocking Global Opportunities

Date of the Event: 11<sup>th</sup> February 2025 (12:30 pm onwards)

**Venue**: Innovation Plaza, Hansraj College **Teacher-In-Charge**: Dr. Beena Bhandari

**Convenor of the Department/Society**: Dr. Pooja Arora

**Number of Participants**: 63

#### **Description of the event:**

To shed some light on the topical subject of Foreign Scholarships, Research Initiatives and Fellowships, Dr Shibashish Giri, an endogenous stem cell specialist in research and therapy, currently working as a Chief Scientific officer at ASC Reganit Ltd, elaborated on these topics and enlightened students with global opportunities, on the 11<sup>th</sup> of February, 2025, in the Innovation Plaza, Hansraj College.

The seminar started with an introduction to the honourable speaker, followed by a lamp lighting ceremony and Saraswati Vandana.

The talk featured topics of mental health, individuality and self-care tips on how to keep one's liver and mitochondria healthy, for a fully functioning body, among other discussed topics of epigenetic changes and how a lifestyle epigenetic memory box affects heredity in children. He also discussed the topics of prenatal diagnosis by chromosomal microarray analysis. He advised the youth on how negative ions and nitric oxide aid in the release of oxytocin in the

body and can thus keep diseases at bay, besides talking about the importance of discovery of local stem cells in the heart.

He gave the students methods and ideas to start research fellowships in Germany and other foreign countries, and what ideas he would be welcome to, as well as how to get in touch with major Universities and Companies.

In conclusion, he provided students as well as faculty with numerous health tips, techniques to lead a fuller life, as well as opened up the golden gates of opportunity for interested candidates to receive foreign fellowships.

#### Poster of the event:



# **Geo-tagged pictures:**





# **List of Students**

S.No.	Name of the Student			
1	KUMAR VISHESH			
2	Abhishek parashar			
3	Abhiraaj parihar			
4	Pritam Raghuvanshi			
5	Aditya			
6	Syed Sahil Hussain			
7	Triparna Dasgupta			
8	Saraswati singh			
9	Arpit singh			
10	Vivek			
11	Palak Saini			
12	Jatin Dhankhar			
13	Ragini			
14	Khushi Pandita			
15	Vidushi Malik			
16	Sonika Rani			
17	Aadarsh Raj			
18	Samprati dixit			
19	Aastha Malhotra			
20	Stanzin Namkha			
21	Bindu Saini			
22	Vansh			
23	Deepshikha Gupta			
24	Raunak Sharma			
25	K Vishnu			
26	Neha Jha			
27	Astha Sharma			
28	Varun Aggarwal			
29	Aparna Barla			
30	Anchal			
31	Sarthak Rathore			
32	Akash Yadav			
33	Bhavna Chawla			
34	Harsit Kumar			
35	MOHIT			
36	Yogya singh			

Deeksha			
Parul singh			
Ananya Pragati			
Rashi Rakesh			
Diya jain			
AADIPOOJYA JAIN			
DHRUV RAINA			
VANI SHARMA			
DEEPAK KUMAR			
ASHISH RAJ			
AMISHA GARG			
SAURAV			
DAISY ARORA			
RISHIKA JAIN			
KIRTI			
KUMAR SATYAM			
SEJAL GARG			
LAKHAN BANSAL			
SHAMAILA MUSTAQEEM			
GULSHAN SANA			
NAAZ			
TANISHA BHATI			
MEGHA			
KABIR VIRMANI			
MD AQUEEL IQBAL			
ABHINAV PARASHAR			
PRANSHU OJHA			